

# Creativity Month in Colin 2020

March 2020  
#CMIC2020

Creative events for everyone in Colin





# Welcome to... Creativity Month in Colin

Colin Neighbourhood Partnership, in association with the Urban Village initiative and Libraries NI, is delighted to unveil our programme of events for our 7th Creativity month in Colin.

March is an Annual Celebration of everything that is creative. And to mark this year's celebrations, our bumper programme of events includes a host of creative and interactive activities for people of all ages taking place in the Colin area. Events include roller skating in our new Town Square, Mini Golf, Arts and Crafts, Culture, Music, and much more...

You can book online for classes and workshops on our website [www.newcolin.com](http://www.newcolin.com) under the 'Events' section. Please note all courses and workshops are non-refundable.

For updates on events please visit Colin Neighbourhood Partnership's website [www.newcolin.com](http://www.newcolin.com), facebook and twitter pages.



All children must be accompanied by an adult. Photos and videos will be taken at these events. All information correct at time of going to print.

Many thanks to our community partners



Belfast  
City Council



libraries ni  
[www.librariesni.org.uk](http://www.librariesni.org.uk)

People  
"SEE YOUR AMBITION BECOME REALITY"



*This programme has been produced by  
Colin Neighbourhood Partnership.*

@ColinNeighbourhoodPartnership  
 @CNPartnership

**Colin Neighbourhood Partnership**

Cloona House, 31 Colin Road, Belfast BT17 OLG.

Tel: **028 9062 3813** / Email: **info@newcolin.com** / Web: **www.newcolin.com**

## > Colin Book Day Event

- Monday 2nd March
- Colin Glen Library
- 6pm - 7:30pm

Children can celebrate this year's Colin Book Day event by dressing as their favourite book character. Our focus this year is to allow children to gain awareness about dementia in adults through picture story books. Children can take home a decorated bag to celebrate Colin Book Day.

**Booking details:** Limited places. Booking essential. Book online at [www.newcolin.com](http://www.newcolin.com) or contact Caitriona on 028 9062 3813 or email: [caitriona@newcolin.com](mailto:caitriona@newcolin.com)



## > Healthy Indian Cookery Workshop

- Tuesday 3rd March
- Colin Allotments & Healthy Living Centre
- 6pm - 8.30pm

Enjoy creating some health and tasty authentic Indian cooking with help from a knowledgeable tutor. Learn all about spices and how they work with particular ingredients and improve your understanding of Indian food and cooking. £3 per person.

**Booking details:** Limited places. Booking essential. Book online at [www.newcolin.com](http://www.newcolin.com) or contact Caitriona on 028 9062 3813 or email: [caitriona@newcolin.com](mailto:caitriona@newcolin.com)

## > Makeup Workshop

- Wednesday 4th, 11th, 18th, 25th March (4 week Programme)
- Colin Community Hub
- 7pm - 8.30pm

Come along and treat yourself to this four week session with a different focus each week from mastering the basics of foundation, the day look, going from day to night and mastering a winged eyeliner. Delivered by professional makeup artist, Paula Fraser. £10 per person for 4 week workshop.

**Booking Details:** Book online at [www.newcolin.com](http://www.newcolin.com) or contact Caitriona on 028 9062 3813 or email: [caitriona@newcolin.com](mailto:caitriona@newcolin.com).

## > Yoga for Beginners - 4 week programme

- Thursday 5th, 12th, 19th & 26th March
- Brook Leisure Centre
- 7pm - 8.00pm

Yoga is a great activity for you especially if you have diabetes, high blood pressure, high cholesterol, or heart disease. It gives you strength, flexibility, and mind-body awareness. This beginners 4 week programme is a great way of improving your mental and physical health. £2 per session.

**Booking details:** Booking essential. Book online at [www.newcolin.com](http://www.newcolin.com) or contact Caitriona on 028 9062 3813 or email: [caitriona@newcolin.com](mailto:caitriona@newcolin.com)

## > Grandparents Event

- Friday 6th March
- Colin Allotments
- 10am - 12noon

Planting and spring nature hunt themed morning to celebrate the enormous and rich contribution that grandparents make to childhood and children's development.

**Booking details:** Contact Roger at Surestart, tel: 028 9060 1417 or email [roger@colinsurestart.com](mailto:roger@colinsurestart.com).



## > Irish Course

- Saturday 7th March
- Ionad na Fuiseoige
- 10am - 4pm

The return of Ionad na Fuiseoige's hugely successful Dianchúrsa 'Gaeilge'. These one-day Irish courses provide classes for learners of all levels, from complete beginner to fluent speakers who want to put a bit of 'snas' on their Gaeilge. Participants will have 4 different classes, and a chance to practice what they've learnt at lunch and tea breaks. Lunch is provided.

**Booking details:** Booking essential. For further information call into Ionad na Fuiseoige and register with Kieran or call 028 9062 0373.



## > Bus Tour - Colin History from Penal Times to the Troubles with Historian, Dr Éamon Phoenix

- Sunday 8th March
- Meet at Colin Community Transport Hub 1pm
- Return 5pm

Explore the Hidden History of the Greater Colin area and its Historical Sites; Walk in the footsteps of famous men and women from the Penal Days to the United Irishmen and the 1798 Rebellion and Belfast's once-famous Linen Industry and visit Cloona House and gain an insight into its fascinating past.

**Booking details:** Booking essential. £3 per person. Limited places. Book online at Caitriona on 028 9062 3813 or email: caitriona@newcolin.com.

4

## > Community Boxing Event

- Sunday 8th March
- Brook Leisure Centre
- 12noon - 4pm

Following on from the success of last year's event Colin Neighbourhood Partnership have teamed up with Saints Boxing club to once again host this event in the new Brook Leisure Centre. Local clubs will be invited along to participate in exhibition matches, showing off the young Colin and wider Belfast talent in the field of boxing. There will also be a unique opportunity for you to come along and give boxing training a go between 12- 1pm. Fights will start at 1pm.

### For more information

**contact:** Saints Boxing Club on 07889 154 209 or facebook @ Liam Cunningham (Saints Boxing Club)



## > Exploring Mindfulness for Wellbeing

- Monday 9th March 2020
- Sally Gardens Community Centre 10am - 12noon

Understand the role of mindfulness and its significance for wellbeing. You will explore the different techniques required to carry out a basic mindfulness session and be able to use basic techniques to facilitate a short mindfulness session.

**Booking details:** Contact Ciara, Sally Gardens on 028 9062 7250.

## > Healthy Chinese Cookery Workshop

- Tuesday 10th March
- Colin Allotments & Healthy Living Centre
- 6pm - 8.30pm

This Chinese cookery workshop will show you how to make delicious healthy Chinese cuisine. It will give you the knowledge and confidence to make Chinese food a regular part of your home cooking. £3 per person.



**Booking details:** Limited places. Booking essential. Book online at [www.newcolin.com](http://www.newcolin.com) or contact Caitriona on 028 9062 3813 or email: [caitriona@newcolin.com](mailto:caitriona@newcolin.com)

## > Exploring Social Media

- Tuesday 10th March
- Sally Gardens Community Centre
- 10am - 12noon

Understand the opportunities and threats associated with using social media. This course will also help you understand how various social media sites may be used by groups and individuals such as facebook, blogging, twitter and YouTube.

**Booking details:** Contact Roisin, Sally Gardens on 028 9062 7250.

## > Maidin Chaife - Coffee and Games Morning

- Thursday 12th March
- Ionad na Faiseoige
- 9.30am - 12.30pm

Come along for a morning of fun and games! All funds raised will be donated to the Children's Heartbeat Trust.

## > Baby Beach Pool Party

- Friday 13th March
- Brook Leisure Centre
- 11am - 12noon

Join us with your babies and toddlers in this first ever baby beach themed pool party in the new Brook Leisure Centre. With the leisure centres fantastic sensory lighting and pool with raised floor, it is sure to get the little ones imaginations running wild. Supported by the team at SureStart.

**Booking details:** Booking essential. Book online at [www.newcolin.com](http://www.newcolin.com) or contact Caitriona on 028 9062 3813 or email: [caitriona@newcolin.com](mailto:caitriona@newcolin.com)

## > Seniors Cross Community Céilí

- Friday 13th March
- Dunmurry Church Hall
- 12.30pm - 3.30pm

Listen to traditional music, take part in the céilí and enjoy traditional Irish stew, apple pie, plus tea/coffee. Free Event.

**Booking Details:** Booking essential. Contact Isabel at Good Morning Colin on 028 9062 7863. This event is funded by Belfast City Council.





# It's Back!

## Get yer skates on...

# Roller Disco Fever is coming to Colin

- Colin Roller Skate Rink @ Colin town Square
- Saturday 14th March, 4-6pm & 7-10pm
- Sunday 15th March, 2-4pm & 6.30-10pm
- Monday 16th March, 12noon-4pm

Colin's Town Square will once again play host to a purpose built roller rink. Ever popular and fun for all the family, roller skating is a great way to bring the family altogether. Listen to some great tunes, skate around or show us your disco moves! Sure to guarantee a smile and a laugh, this is a great way to combine family friendly fun with fitness! Suitable for people of any age or ability, while you wait why not have a game of mini golf and have fun with a RC car track.

£3 per person, £6 Family of four. Sessions last 40 minutes. Please be advised there will be disco and floor lighting.

**Booking details:** No booking required. For further information contact Caitriona on 028 9062 3813 or email: [caitriona@newcolin.com](mailto:caitriona@newcolin.com)



## > Exploring Mindfulness for Wellbeing

- Monday 16th March
- Sally Gardens Community Centre
- 10am - 12noon

Understand the role of mindfulness and its significance for wellbeing. You will explore the different techniques required to carry out a basic mindfulness session and be able to use basic techniques to facilitate a short mindfulness session.

**Booking details:** Contact Ciara, Sally Gardens on 028 9062 7250.

## > Exploring Social Media

- Wednesday 17th March
- Sally Gardens Community Centre
- 10am - 12noon

Understand the opportunities and threats associated with using social media. This course will also help you understand how various social media sites may be used by groups and individuals such as facebook, blogging, twitter and YouTube.

**Booking details:** Contact Roisin, Sally Gardens on 028 9062 7250.

## > Micro:bit Workshop

- Thursday 19th March
- Colin Glen Library
- 3.30pm - 4.30pm

Do you know your Scratch from your Python? Have a go at coding and see your name in lights! Open to children aged 8 years and over.

**Booking details:** Booking essential For more information call 028 9043 1266 or email: colinglen.library@librariesni.org.uk

## > Slime Time

- Thursday 19th March
- Cloona House
- 6.30pm - 8pm

Come along and learn how to create the best and most colourful, stretch gooey slime without the mess at home.

Make 4 different slimes; crunchy, ocean, glitter and smelly!

Creative Parties NI will take you through the processes from start to finish

with the kids leaving with the most marvellous creations. £3 per person

**Booking details:** Limited places.

Booking essential. book online at [www.newcolin.com](http://www.newcolin.com) or contact Caitriona on 028 9062 3813 or email: [caitriona@newcolin.com](mailto:caitriona@newcolin.com)



## > Story Time - Colin Glen Library

- Friday 20th March
- 3.30pm - 4.30pm

Celebrate World Storytelling Day with renowned Storyteller Eamonn Keenan with thanks to the Armstrong Storytelling Trust. A great family event! For more information tel: 028 9043 1266 or email: [colinglen.library@librariesni.org.uk](mailto:colinglen.library@librariesni.org.uk)

## > Baby Beach Pool Party

- Friday 20th March
- Brook Leisure Centre
- 11am - 12noon

Join us with your babies and toddlers in this baby beach themed pool party in the new Brook Leisure Centre. With the leisure centre fantastic sensory lighting and pool with raised floor, it is sure to get the little ones imaginations running wild. Supported by the team at SureStart.

**Booking details:** Booking essential. Book online at [www.newcolin.com](http://www.newcolin.com) or contact Caitriona on 028 9062 3813 or email: [caitriona@newcolin.com](mailto:caitriona@newcolin.com)



## > Creativity Day - the Dairy Farm Shopping Centre

- Friday 20th March
- 3pm - 6pm

A fun filled afternoon of creative fun including the chance to participate in cultural dance from around the world. Visit the international arts & crafts stations where you will have the opportunity to experience art & crafts and dance from different cultural backgrounds. Includes food tasting, Mini Golf and a RC car race track and lots more. The Belfast Wren Boys will entertain through storytelling, skits, dances, song and drama. Full of craic and participation and a fantastic show for all the family.

For further information contact Caitriona on 028 9062 3813 or email: [caitriona@newcolin.com](mailto:caitriona@newcolin.com)



## > Colin Gaels give it a go event in association with Gaelfast

- Saturday 21st March
- Brook Leisure Centre
- 10am - 11am

Want to build confidence and self-esteem in your child? Colin Neighbourhood Partnership have teamed up with Colin Gaels and Gaelfast to host a fundamental give it a go event where we encourage children to try Gaelic and have lots of fun developing their skills. Age 4-10 years.

## > Colin Gael Health and Wellbeing Blitz Under 6 and Under 8

- Brook Leisure Centre
- 11am - 1 pm

## > Paul Cole Memorial Cup

- Sunday 22nd March
- Brook Leisure Centre
- 11am - 1pm

U12 boys and U14 girls blitz

For further information please contact JohnPaul on 07765 017 474 or email [joincolingaels@gmail.com](mailto:joincolingaels@gmail.com)

## > Science Starz

- Monday 23rd March
- Cloona House
- 6.30pm - 8pm

Put on a lab coat and become a scientist with Science Starz as they bring their mobile science lab to Cloona House. Children will carry out a variety of hands-on, fun, interactive scientific experiments. Suitable for children aged 5-11 accompanied by a parent or carer.

## > Public Lecture - Dr Éamon Phoenix

- Monday 23rd March
- Ionad Na Fuisioige
- 7pm - 9pm

'The Linen Industry and Linen Houses of the Colin/ Dunmurry Area'

This talk will focus on an industry which once employed 60,000 women in Belfast. It will trace the history of flax, the linen mills and the often appalling working conditions in the linen industry. It will feature Teeling's Mill in Poleglass, the Grimshaw family of Cloona, the McCance family of Suffolk House and local mill dams and bleach greens.

**Booking details:** For further information contact Caitriona on 028 9062 3813 or email: [caitriona@newcolin.com](mailto:caitriona@newcolin.com).



## > Exploring Social Media

- Tuesday 24th March
- Sally Gardens Community Centre
- 10am - 12noon

Understand the opportunities and threats associated with using social media. This course will also help you understand how various social media sites may be used by groups and individuals such as facebook, blogging, twitter and YouTube.

**Booking details:** Contact Roisin, Sally Gardens on 028 9062 7250.

## > American Folk Park

- Tuesday 24th March
- Bus leaves 10.30am - Dairyfarm Shopping Centre returning at 4.00pm

Participants will have the opportunity to immerse themselves in the world famous story of Irish emigration as the museum brings it to life. Follow the emigrant trail as you journey from the thatched cottages of Ulster, on board a full scale emigrant sailing ship leading to the log cabins of the American Frontier. Meet an array of costumed characters on your way with traditional crafts to show, tales to tell and food to share. Exclusively for the older residents of the Colin. Packed Lunch supplied. £4 per person.

**Booking details:** Limited places. Booking essential - book online at [www.newcolin.com](http://www.newcolin.com) or contact Isabel at Colin Neighbourhood Partnership on 028 9062 7863 or [isabel@newcolin.com](mailto:isabel@newcolin.com).



## > Healthy Caribbean Cookery Workshop

- Tuesday 24th March
- Colin Allotments & Healthy Living Centre
- 6pm - 8:30pm

Broaden your culinary repertoire! With this Caribbean cookery masterclass you will discover the flavours of Jamaica, Grenada and beyond—and bring back some healthy and delicious island sunshine to your home kitchen! £3 per person.

**Booking details:** Limited places. Booking essential. Book online at [www.newcolin.com](http://www.newcolin.com) or contact Caitriona on 028 9062 3813 or email: [caitriona@newcolin.com](mailto:caitriona@newcolin.com)



## > Fairy House Workshops

- Cloona house
- Wed 25th & Tues 31st March
- 6pm - 8pm

Come along and paint your own fairy house and even paint one for Colin Allotments fairies and help build their village for their ever growing families. Get creative with a mixture of colours and shaped houses in this two session workshop. More suited towards older children and adults.

**Booking Details:** Contact Caitriona on 028 9062 3813 or [caitriona@newcolin.com](mailto:caitriona@newcolin.com)

## > Glens of Antrim Day Out for Volunteers within the Community

- Thursday 26th March
- Bus leaves Dairyfarm Shopping Centre 11am
- Bus returns Dairyfarm Shopping Centre 7pm

Do you volunteer in the local community? As a thank you for all your help, we would be delighted if you could join us on this special volunteer trip around the Glens of Antrim. Enjoy a beautiful day out to the famed Antrim coast with its spectacular seascapes. Includes 1 course lunch.

**Booking details:** Booking essential. Contact Isabel on 028 9062 7863.

## > Baby Beach Pool Party

- Friday 27th March
- Brook Leisure Centre
- 11am - 12pm

Join us with your babies and toddlers in this baby beach themed pool party in the new Brook Leisure Centre. With the leisure centre fantastic sensory lighting and pool with raised floor, it is sure to get the little ones imaginations running wild. Supported by the team at SureStart.

**Booking details:** Booking essential. Book online at [www.newcolin.com](http://www.newcolin.com) or contact Caitriona on 028 9062 3813 or email: [caitriona@newcolin.com](mailto:caitriona@newcolin.com)

## > St Luke's football give it a go event

- Saturday 28th March
- Brook Leisure Centre

Want your kids to try football? Then this is a perfect opportunity! Colin Neighbourhood Partnership have teamed up with St Luke's football club to put on a give it a go event. This event will allow children to come along

and see what football is all about and how it can help confidence and self-esteem in your child. Coaches will be there to guide and support kids ages 5-10 years from 10am - 11.30am and from 11.30am - 1pm clubs will be invited into the Colin community to take part in some friendly competition.

For further information about the day and how your child can get involved contact Kevin on 028 9560 9988.

## > Bedtime Storytime

- Colin Glen Library
- Monday 30 March
- 6:30pm - 7:30pm

Children aged 4-8 years are invited to come along to enjoy stories dressed in their pyjamas. Teddy bears welcome.

**Booking details:** For more information tel: 028 9043 1266 or email: [colinglen.library@librariesni.org.uk](mailto:colinglen.library@librariesni.org.uk)

## > Healthy Mexican Cookery Workshop

- Tuesday 31st March
- Colin Allotments & Healthy Living Centre
- 6pm - 8.30pm

Add a kick to your cooking! This Mexican Cookery workshop is bursting with hot, complex flavours and will definitely get your taste buds tingling! Guilt free cuisine!

**Booking details:** Limited places. Booking essential. Book online at [www.newcolin.com](http://www.newcolin.com) or contact Caitriona on 028 9062 3813 or email: [caitriona@newcolin.com](mailto:caitriona@newcolin.com)





## Weekly Activities in Colin



### > Reckless Hip Hop Crew

- Sally Gardens Community Centre
- Every Monday evening 6-9 pm
- Ages 5-9 6-7 pm
- Ages 10+ 7-8 pm

Come along on a Monday evening to our reckless hip hop dancing classes where you will meet new friends, learn exciting dance routines and have lots & lots of fun! For more information tel: Laura, Sally Gardens on 028 9062 7250.



### > Knit and Natter

- Colin Glen Library
- Every Tuesday
- 12noon - 1.30pm

A group for anyone who enjoys knitting, crochet, cross stitch and other crafts. Share hints and tips, swap patterns, meet new people and learn new skills. Bring whatever you are working on at the moment or start a new project. For more information tel: 028 9043 1266 or email: colinglen.library@librariesni.org.uk

### > Art Class

- Sally Gardens Community Centre
- Every Thursday
- 11am-1:30pm

Would you like to grow and develop your creativity skills? Our art class also provides the opportunity to enhance motor skills, problem solve, improve communication skills, self-esteem and socio-emotional abilities, and much more. Plus, it's a great way to expose yourself to a hobby that might be outside of your comfort zone. For more information tel: Laura, Sally Gardens on 028 9062 7250.



### > Rhythm and Rhyme

- Colin Glen Library
- Every Friday 12:00noon

Introduce children aged 4 and under to the wonder of Rhymes, songs and stories. For more information tel: 028 9043 1266 or email: colinglen.library@librariesni.org.uk



## > Home Exhibition

- Colin Glen Library
- 2nd March - 31st March 2020
- During library opening hours

Aisling Ghéar – the Irish language theatre company in NI, has put together an exhibition looking at the company's work since 1997, alongside events in its' home city of Belfast. With its roots firmly in the west of the city, while taking its work to the four corners of the country, even in tough times, Aisling Ghéar invites you to, take

a look back, with a sense of pride and achievement in it's work progress and, feel confident that it will continue to thrive for the next generation!

For more information tel: 028 9043 1266 or email: [colinglen.library@librariesni.org.uk](mailto:colinglen.library@librariesni.org.uk)



# Crescendo

## The Colin Community Choir\*

Music from All Genres  
Free to Join  
No Experience Needed  
Simply Drop In & Drop Out  
Everyone Welcome

Every Tuesday Evening  
Lagmore Community Forum

For more information contact John Paul at Colin Neighbourhood Partnership on 028 9062 3813 or visit [www.newcolin.com](http://www.newcolin.com).

