



# Colin Report Card: Programme

Performance and Impact: Summary report  
*December 2016*



*"Together we will make a difference"*

Programme	Data gathered since...	RAG status	Summary of performance
<b>Incredible Years</b>			
Parenting programme	Sep 2013		<ul style="list-style-type: none"> <li>Delivered to over 200 parents since September 2013.</li> <li>Performance data available for c.150 parents at baseline and c.130 parents at endpoint.</li> <li>Has demonstrated a consistent track record in improving child behaviour each year over the period 2013/14 to 2015/16 – both the Eyberg and SDQ instruments show substantial improvement between baseline and endpoint.</li> <li>Biggest improvement registered in terms of Eyberg scores was in 2014/15 – 17% had a normal Eyberg intensity score at baseline rising to 67% at endpoint.</li> </ul>
Baby programme	Sep 2013		<ul style="list-style-type: none"> <li>Delivered to c. 40 parents since September 2013.</li> <li>Performance data available for up to 40 parents (depending on instrument).</li> <li>As the programme is delivered on a relatively small scale, caution should be exercised in interpreting the data.</li> <li>Performance data suggests limited positive impact of the programme to date.</li> </ul>
Toddler programme	Sep 2013	n/a	<ul style="list-style-type: none"> <li>Delivered to c. 35 parents since September 2013.</li> <li>For a number of years there has been insufficient performance data to report – therefore no conclusion is made as to its impact.</li> </ul>
Pre-school Dina Dinosaur	Sep 2013		<ul style="list-style-type: none"> <li>C. 570 children have participated in the programme.</li> <li>Performance data is available for c. 170 teachers to date</li> <li>Has demonstrated consistent track record in reducing problem behaviours each year from 2013/14 to 2015/16.</li> <li>Biggest improvement registered in 2015/16 when the proportion of SDQ assessments in the normal range for pupil behaviour increased from 55% at baseline to 76% at endpoint.</li> </ul>
School readiness	Sep 2015		<ul style="list-style-type: none"> <li>Delivered to C. 80 parents since September 2015.</li> <li>Performance data gathered from just over 50 parents.</li> <li>Overall, performance data shows a mixed picture – with slight deterioration between SDQ baseline and endpoint in 2015/16 (61% vs. 60%) and an improvement between baseline and endpoint in 2016/17 (50% vs. 68%)</li> </ul>
<b>Speech and Language Therapy (SALT)</b>			
SALT	Mar 2013		<ul style="list-style-type: none"> <li>Delivered to c. 350 children across 6 primary schools in Colin.</li> <li>Just over 250 children have been discharged to date.</li> <li>Average wait time is 11 days between referral and discharge (which is within two weeks target).</li> <li>Feedback from parents has been very positive – All parents surveyed were satisfied/very satisfied with service</li> <li>Service has been successful in terms of helping young people to move within 'normal limits' for speech and language – 72% left service with age appropriate speech and language skills compared (vs. 14% at baseline). * Includes all those assessed as at end of Dec 16</li> </ul>
<b>Time4Me School Counselling</b>			
Time4Me	Sep 2013		<ul style="list-style-type: none"> <li>Delivered to c. 250 young people to date (whether full intervention or brief consultation).</li> <li>Performance data gathered for up to 180 young people.</li> <li>The service has been successful in each of the last four years 2013/14 – 2016/17 in reducing clinical stress amongst young people.</li> </ul>

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			<ul style="list-style-type: none"> <li>In excess of 70% of young people were in the clinical range of stress at the start of the intervention and this reduced to less than one-fifth of young people at the endpoint.</li> </ul>
<b>Strengthening Families</b>			
Strengthening Families	Sep 2013		<ul style="list-style-type: none"> <li>Delivered to c. 55 families in a total of 6 deliveries.</li> <li>Performance data gathered from c. 50 young people and c. 50 parents.</li> <li>Overall, the data shows the programme is working to reduce problem behaviours in young people. Parents perceived much greater impact than the young people themselves (particularly in the more recent cohorts coming through programme).</li> </ul>
<b>Colin Adolescent Counselling</b>			
Colin Adolescent Counselling	Sep 2013		<ul style="list-style-type: none"> <li>Almost 70 young people have received/are receiving the service.</li> <li>Performance data gathered for just over 40 young people.</li> <li>Average wait time between referral and assessment reduced significantly from 56 days in 2013 to 17 days in 2017.</li> <li>The service has demonstrated consistent reductions in problem behaviours between baseline and endpoint – with the average SDQ score more than halving between baseline and endpoint.</li> <li>The average CORE score between baseline and endpoint has at least halved each and every year between 2013 and 2016.</li> </ul>
<b>Partnership with Parents (PwP)</b>			
PwP	Jan 2016		<ul style="list-style-type: none"> <li>Just over 100 parents are currently involved or have completed the programme.</li> <li>Total of 729 visits undertaken to date (an average of just over 7 per family).</li> <li>Between 95% and 100% of parents agreed that PwP had helped them to improve their parenting; improve parent/child relationships and had increased parenting knowledge and skills. <i>This is based on 44 completed parenting questionnaires.</i></li> <li>Between 41% and 78% of parents had experienced improvements in a range of parenting domains – largest improvement was in terms of limit setting. <i>This is based on 37 completed Parent Child Relationship Inventory questionnaires.</i></li> </ul>
<b>Colin Early Parenting Programme (CEPP)</b>			
CEPP	Sep 2013	n/a	<ul style="list-style-type: none"> <li>Delivered/currently being delivered to c. 80 parents since September 2013.</li> <li>In general, a range of outcomes deteriorate from early involvement with the programme through to when the child is 12 months, e.g. 100% of ASQ assessments show normal child development at 8 weeks, reducing to 66% at 40 weeks.</li> <li>Levels of depression and anxiety generally trend upwards from 28 weeks (ante-natal) to when the child is two years – 0% of mothers assessed with high level of depression to 50% of mothers at 2 years.</li> <li>C. one-third of mothers smoking in ante-natal period – not dissimilar to latest data for the Colin area as a whole.</li> <li>Levels of breastfeeding generally low – only 21% for mothers discharged from hospital.</li> </ul>