Colin Early Intervention Community

Changing children's lives for the good of our community

Outcomes for the Colin area

October 2011

Early Intervention

Early Intervention is an approach that offers a real opportunity to make lasting improvements in the lives of our children, to forestall many persistent social problems and end their transmission from one generation to the next. It covers a range of tried and tested policies to give children and young people the essential social and emotional security they need for the rest of their lives. It also includes a range of well-established policies for when they are older which leave children ready to face the challenges of each stage of childhood and of passage into adulthood – especially the challenge of becoming good parents to their own children.

The development of Outcomes for Colin

Outcomes will be the changes that we want to see for children in the Colin area and will address the identified needs of children and young people. The Centre for Effective Services assisted this process, using a Logic Model to "graphically express the essential elements in organising resources around particular goals and objectives". Using this model will ensure that services and programmes that are implemented are more likely to achieve results by encouraging a focus on Outcomes from the start.

In analysing the data from the logic models five cross cutting themes emerged:

- **Health and Well being**
- **Education and Training**
- **Parent support and Engagement**
- **Provision and Delivery of services**
- **Community Change/ Empowerment**

1. Health and Well Being

This will mean:

- Better understanding of the physical, emotional and mental health needs of children and adults in the community
- Supporting and increasing services to help people lead healthy and happy lives.
- Better health and well being will have an impact from pregnancy to early development throughout childhood and into adulthood.

Outcomes in this area:

- Children and young people and parents will enjoy more positive family relationships with higher aspirations for their futures.
- There will be a reduction in rates of suicide and alcohol and drug use in young people and adults.
- Families will enjoy a healthier lifestyle and Colin will be a safer place to live for all.

2. Education and Training

This will mean:

- Children will be ready for learning when they go to and throughout their time at school, and parents will feel better supported in their child's education.
- Every child will be supported to achieve to the best of their ability.
- Schools will have good connections to the community and there will be greater opportunities for life long learning for all in the community.
- Those working in the Colin community will be able to avail of training appropriate to delivering the best possible services.

Outcomes in this area:

- Children will be better able to manage school transitions
- There will be an increase in qualifications and employment opportunities
- Services and organisations working in Colin will have staff trained to best meet the needs of the community.

3. Parent Support and Engagement

This will mean:

- Involving parents (mothers and fathers) more in the decisions which affect the lives of their children and themselves
- Supporting parents to take up services offered to them and their families,
- Strengthening family support.

Outcomes in this area:

- Family aspirations will be strengthened.
- There will be more parental involvement in service planning.
- There will be more parents feeling confident in asking for services or self referring to support services.
- There will be improved communication within families.

4. Provision and Delivery of Services

This will mean:

- Supporting existing services to do the best possible job of meeting the needs of the community
- Identifying unmet need and developing services and organisations to meet that need
- Services finding ways to better work in partnership for the benefit of the whole Colin community

Outcomes in this area:

- Better service integration and sign posting between services
- More local services

- Improved communication within services, between services and between services & community

5. Community Change/Empowerment

This will mean:

- Providing more accessible community based mental health services
- Drop in services will be developed; therapeutic services, drug & alcohol support, employment & training and financial advice
- Increased community involvement in service planning

Outcomes in this area:

- An incremental reduction in suicide rates, teenage pregnancy, anti social activity, family breakdown
- An incremental increase in employment, educational attainment, confidence & positive mental health
- Growth in social& community capital

The completed Logic Models, including an Overarching Logic Model and Child Development Logic Model, are provided below.

Logic Model Template

Over Arching

	Implementation		Results		
Resources		Activities	Short	Medium	Long

Situational Analysis

Issues of lack of service provision, gaps & duplication in services; lack of integration &communication between services & in the community & poor take up of services; high levels of teenage pregnancy, drug ,alcohol use, violent aggressive behaviour, DV, high numbers on cp register suicide rates**.** mental health issues, poor physical health, lack of safe space, lack of nursery provision, lack of youth facilities, poor parental engagement, low levels of self esteem, poor educational attainment, limited ante natal services –high no. Of low birth weights, training needs across spectrum of support,difficuty with school transition, speech and language levels below NI average, service response to developmental risk,.

There are a number of proven effective initiatives already in progress

Strategies
Focus on early age and early stage intervention at a local level
A strategic and collaborative approach
The initiative will be informed at all levels by evidence of effective planning, implementation and service delivery

Inputs

- CEIC Structure- Leadership/drive/vision
- Funding-secured and applied for
- Strategic support - CYPSP & Children's Strategy
- CNP
- Government depts.
- Partner agencies- SEHSCT,PHA,HSCB,community /voluntary sector,
- Politicians
- Existing & potential relationships with agencies, institutions and experts
- Trained effective staff across agencies
- Children, Young people, family and wider community
- Buildings, facilities Technology
- Access to advice & support
- Advice on

Outputs
Build Capacity – establishing CEIC structures. Initiating community & stakeholder consultation to audit existing strengths and identify gaps.
Design & Deliver Services – early years services, school based services, parental/family support services, services for young people & community services
Develop an integrated service model for both new and existing services. Develop policy and procedures for integrated service delivery.
Services will be developed around the areas of Mental & Physical Health, Education & Training, Parental Engagement, Child Development and Community need
Adopt a Community Development Approach – promoting inclusivity, safety & wellbeing for all.
Undertake a training needs analysis across agencies and implement training programme to address gaps.
Develop a Collaborative Communication Plan – between practitioners, agencies, sectors, policy makers, service users and the wider community to ensure an equal voice for all partners.
Contract an evaluation team and disseminate reports throughout the process.
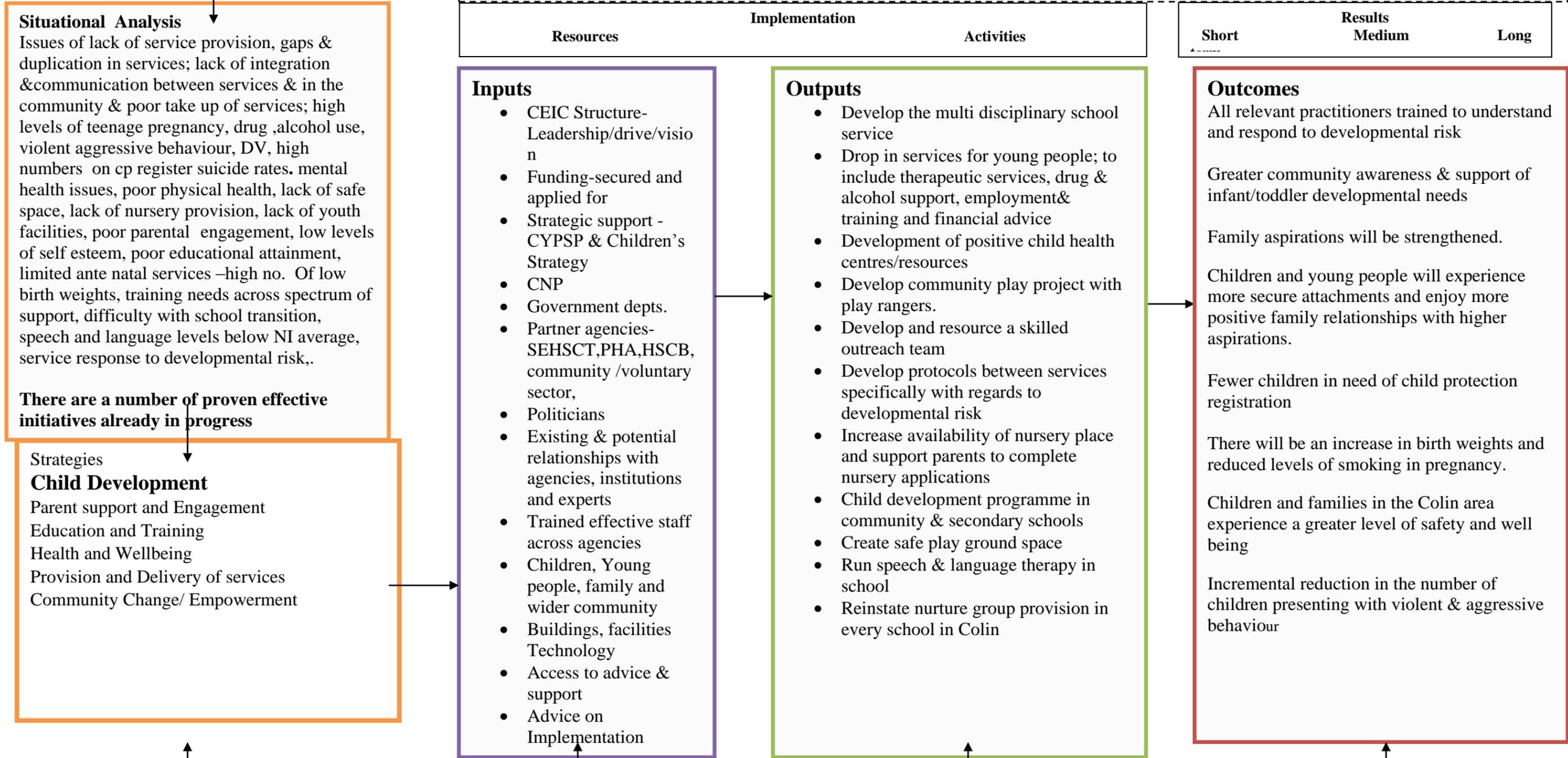
Outcomes
Long term and structural change leading to a vibrant and inclusive community.

There will be a range of accessible effective services available with a high take up rate meeting local needs.

There will be an agreed framework for service delivery ensuring better coordination and integration and allowing for a more economical use of resources.

There will be incremental improvements in the areas of Mental & Physical Health, Education & Training, Parental Engagement, Child Development and meeting community need.
CEIC will be regarded as a model of Best practice in evidence informed early age & stage intervention and will have influence on policy and practice locally and nationally.
High quality, appropriate training resources will be available and promoted to all those living and working in the Colin area.
Everyone living and working in Colin will be informed and involved in the CEIC initiative and subsequent developments.

Evidence

This logic model was informed by evidence from CEIC background documents , the four logic models from the Outcomes Planning day, the subsequent CES Mapping from the logic models and consultation with CEIC. All decisions and actions in planning and implementing the initiative should be evidence informed. Evidence comes from a range of sources and is used to describe practice based on the integration of, experience, judgement and expertise with the best available external evidence from systematic research. Information can be gathered from research, practice wisdom, policy and consultations with a wide range of stakeholders including community members and those using services.
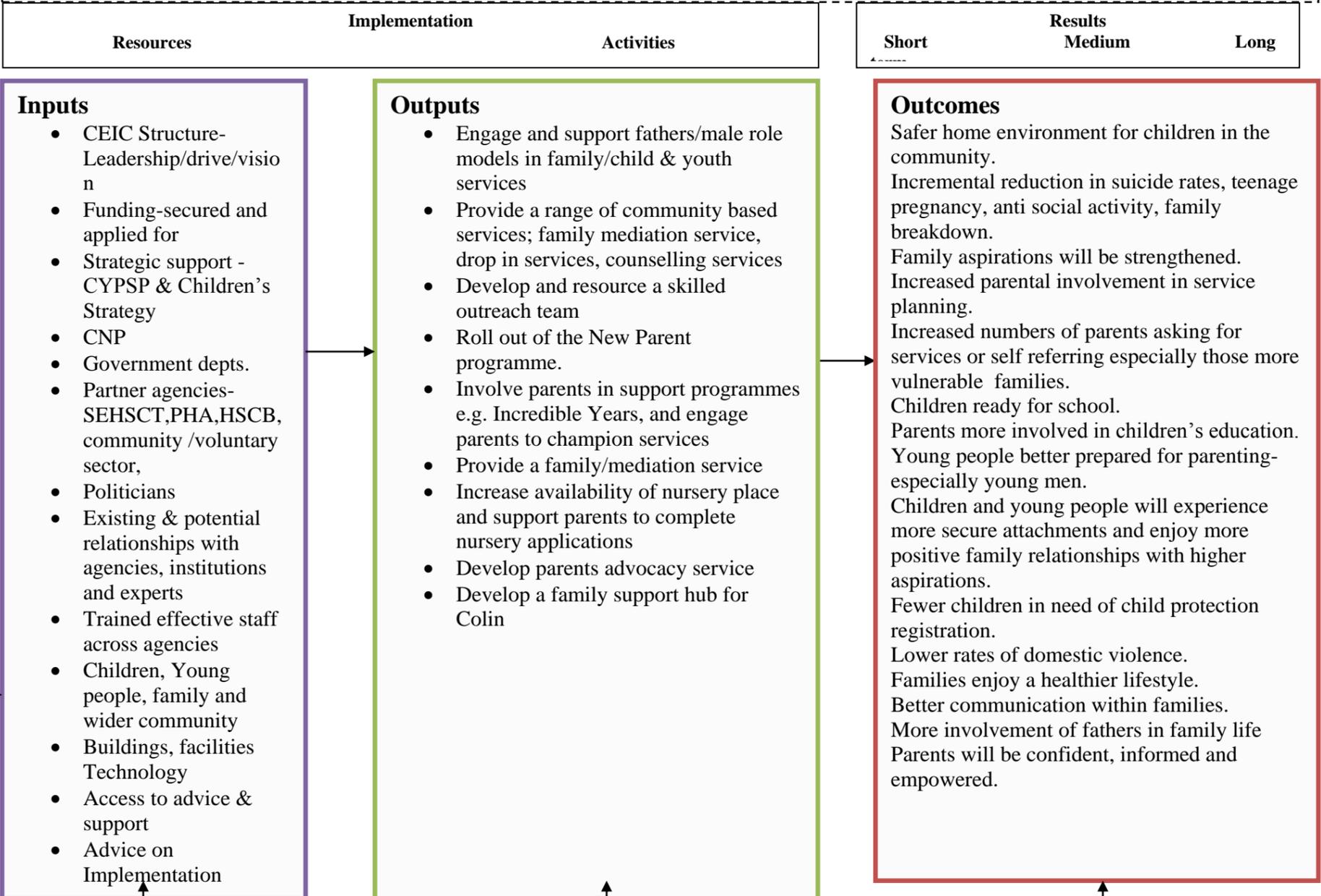
Logic Model Template

Situational Analysis

Issues of lack of service provision, gaps & duplication in services; lack of integration &communication between services & in the community & poor take up of services; high levels of teenage pregnancy, drug ,alcohol use, violent aggressive behaviour, DV, high numbers on cp register suicide rates. mental health issues, poor physical health, lack of safe space, lack of nursery provision, lack of youth facilities, poor parental engagement, low levels of self esteem, poor educational attainment, limited ante natal services –high no. Of low birth weights, training needs across spectrum of support, difficulty with school transition, speech and language levels below NI average, service response to developmental risk,.

There are a number of proven effective initiatives already in progress

Strategies

Child Development

Parent support and Engagement
Education and Training
Health and Wellbeing
Provision and Delivery of services
Community Change/ Empowerment

Implementation

Resources	Activities

Results

Short	Medium	Long

Inputs

- CEIC Structure- Leadership/drive/vision
- Funding-secured and applied for
- Strategic support - CYPSP & Children's Strategy
- CNP
- Government depts.
- Partner agencies- SEHSCT,PHA,HSCB, community /voluntary sector,
- Politicians
- Existing & potential relationships with agencies, institutions and experts
- Trained effective staff across agencies
- Children, Young people, family and wider community
- Buildings, facilities Technology
- Access to advice & support
- Advice on Implementation

Outputs

- Develop the multi disciplinary school service
- Drop in services for young people; to include therapeutic services, drug & alcohol support, employment& training and financial advice
- Development of positive child health centres/resources
- Develop community play project with play rangers.
- Develop and resource a skilled outreach team
- Develop protocols between services specifically with regards to developmental risk
- Increase availability of nursery place and support parents to complete nursery applications
- Child development programme in community & secondary schools
- Create safe play ground space
- Run speech & language therapy in school
- Reinstate nurture group provision in every school in Colin

Outcomes

All relevant practitioners trained to understand and respond to developmental risk

Greater community awareness & support of infant/toddler developmental needs

Family aspirations will be strengthened.

Children and young people will experience more secure attachments and enjoy more positive family relationships with higher aspirations.

Fewer children in need of child protection registration

There will be an increase in birth weights and reduced levels of smoking in pregnancy.

Children and families in the Colin area experience a greater level of safety and well being

Incremental reduction in the number of children presenting with violent & aggressive behaviour

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Logic Model Template

Parental Support and Engagement

Monitoring and Evaluation

Evaluation is embedded in programmes/services and systematically reviewed to inform the development of the initiative. Measurements for evaluation will be consistent across the initiative. Services and practitioners will be involved in the evaluation design.

Situational Analysis

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Strategies
Child Development
Parental Support and Engagement
Education and Training
Health and Wellbeing
Provision and Delivery of services
Community Change/ Empowerment

Implementation		Results		
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- Advice on Implementation

Outputs

- Engage and support fathers/male role models in family/child & youth services
- Provide a range of community based services; family mediation service, drop in services, counselling services
- Develop and resource a skilled outreach team
- Roll out of the New Parent programme.
- Involve parents in support programmes e.g. Incredible Years, and engage parents to champion services
- Provide a family/mediation service
- Increase availability of nursery place and support parents to complete nursery applications
- Develop parents advocacy service
- Develop a family support hub for Colin

Outcomes

Safer home environment for children in the community.
Incremental reduction in suicide rates, teenage pregnancy, anti social activity, family breakdown.
Family aspirations will be strengthened.
Increased parental involvement in service planning.
Increased numbers of parents asking for services or self referring especially those more vulnerable families.
Children ready for school.
Parents more involved in children's education.
Young people better prepared for parenting-especially young men.
Children and young people will experience more secure attachments and enjoy more positive family relationships with higher aspirations.
Fewer children in need of child protection registration.
Lower rates of domestic violence.
Families enjoy a healthier lifestyle.
Better communication within families.
More involvement of fathers in family life
Parents will be confident, informed and empowered.

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Logic Model Template

Education & Training
Health and Wellbeing

Monitoring and Evaluation

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Strategies
Child Development
Parental support and Engagement
Education and Training

Health and Wellbeing
Provision and Delivery of services
Community Change/ Empowerment

	Implementation		Results		
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Outputs

- Child development programme in community & secondary schools
- Roll out of the New Parent programme.
- Develop the multi disciplinary school service
- Run speech & language therapy in school
- Involve whole schools/classes in interventions.
- Engage commitment from all education providers in the CEIC.
- Involve parents in support programmes ie Incredible Years.
- Provide supports to engage fathers.
- Provide peer support mentoring programmes.
- Increase number of nursery places & provide support to parents to complete nursery applications
- Increase the community based mental health services at local level.
- Provide a family/mediation service
- Counselling services
- Drop in services
- Development of positive child health centres/resources
- Create safe play spaces
- Develop community play project with play rangers.

Outcomes

Education and Training
Practitioners trained in developmental needs
Children ready for school
Children fit for school transitions stages
Parents more involved in children's education
Young people better prepared for parenting-especially young men
Reduced use of alcohol and drug use and smoking particularly in pregnancy and in young people.
Mental and Physical Health
 Children and young people will experience more secure attachments and enjoy more positive family relationships with higher aspirations.
There will be a reduction in rates of suicide, risk taking behaviour and alcohol and drug use in young people and adults.
There will be an increase in rates of employment, educational attainment, self confidence & positive mental health
There will be an increase in birth weights and reduced levels of smoking in pregnancy.
Fewer children in need of child protection registration
Lower rates of domestic violence.
Families enjoy a healthier lifestyle
Colin is a safe place to live for all.

Evidence

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Logic Model Template

Provision and Delivery of Services

Monitoring and Evaluation

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Outputs

- Develop a model for integrated service delivery
- Develop the multi disciplinary school service
- Involve parents in support programmes ie Incredible Years.
- Increase the community based mental health services at local level.
- Provide a family/mediation service
- Counselling services
- Drop in services for young people; to include therapeutic services, drug & alcohol support, employment& training and financial advice
- Development of positive child health centres/resources
- Develop community play project with play rangers.
- Provide peer support mentoring programmes
- Develop and resource a skilled outreach team
- Develop protocols between services specifically with regards to developmental risk
- Increase availability of nursery place and support parents to complete nursery applications

Outcomes

Communication
Improved communication within services, between services and between services & community.(including web site)
Improved communication between diagnostic services and schools
Better services integration & improved information sharing in family support services
Access & Service Provision
Better services integration and sign posting between services
More local services
Increased parental/community involvement in service planning
Increased numbers of parents/residents asking for services or self referring
All relevant practitioners trained to understand and respond to developmental risk
Nursery provision will meet need

Overarching Outcomes
Incremental reduction in suicide rates, teenage pregnancy, anti social activity, family breakdown
Children and families in the Colin area experience a greater level of safety and well being

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Logic Model Template

Community Change/ Empowerment

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- Children, Young people, family and wider community
- Buildings, facilities Technology
- Access to advice & support
- Advice on Implementation

Outputs
- Child development programme in community & secondary schools
- Develop peer support/ mentoring/ modelling initiative
- Provide a community based approach to restorative justice
- Develop community play project with play rangers.
- Create safe play ground space
- Provide more accessible community based mental health services
- Engage and support fathers/male role models in family/child & youth services
- Provide a range of community based services; family mediation service, drop in services, counselling services
- Develop and resource a skilled outreach team
- Drop in services for young people; to include therapeutic services, drug & alcohol support, employment& training and financial advice

Outcomes
Greater community awareness & support of infant/toddler developmental needs

Safer home environment for children in the community

Growth in social& community capital

Young people will value, respect and engage with local community and become integral part of it.

Incremental reduction in suicide rates, teenage pregnancy, anti social activity, family breakdown

Incremental increase in employment, educational attainment, confidence & positive mental health

Improved communication within services, between services and between services & community (including web site)

Family aspirations will be strengthened

Increased community involvement in service planning

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